





























CALENDAR

MENU
IMPORTANT REMINDERS

CLASSROOM UPDATES

IMPORTANT DATES

PICTURE DAY
OCTOBER 14

K4 FIELD TRIP

There is a lot happening around TWEL in October! Make sure you check out all the information inside to find out!

Follow us on Facebook to keep up to date. Our website is also a place to find information and access forms you may need.

If you have any questions, give us a call at 780-585-3788



09

KASKATINOW PÎSIM OCTOBER

/25

SI	JN MON	TUE	WED	THU	FRI	SAT
			1	Custodian Appreciation Day!!	3 Nehiiyawâtisiwin	4
5	6	Fire Drill	8	Turkey Trot Fun Run	NO SCHOOL PD Day	11
12	NO SCHOOL Thanksgiving	PICTURE DAY	K4 Corn Maze Field Trip	16	Nehiiyawâtisiwin	18
19	20	21	Ribbon Skirt/Shirt Day	23	Nehiiyawâtisiwin	25
26	Dress Up All Things Pumpkins Day Bus Safety Program	Orange & Black Day No Secrets Storytime - Sendaro Presentation	Halloween Family Night!	Witch/Wizard Day	Cîpay Kîsikâw (Halloween) Nehiiyawâtisiwin	

IMPORTANT NOTES

- For nehiyawâtisiwin, please make sure students are dressed for the weather. They will be outside.
- Pictures start first thing on October 14th. Please make sure you arrive on time.

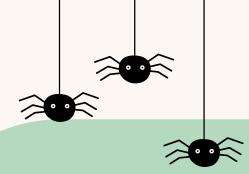
UPCOMING IMPORTANT DATES

- November 12 Picture Retakes
- November 7 11 Takwâkin Break

Menu is subject to change, Due to product availability.	ხ⁰ხ∩	اے° ہُہا Kaskat	inow Pîsim Freezing Moon (October)			
Sept. 29th- October 3rd	Monday	Tuesday	Wednesday	Thursday	Friday	
Breakfast	Yogurt, Cereal, Fruit		Baked Goods, Fruit	Scrambled eggs With Ham & Cheese, Fresh Fruit	Pancakes, Sauasage, Fruit	
Lunch	Pasta with Italian Sausage and Roasted Tomatoes, Tossed Salad, Tomato Salad, Fruit Salad	Truth and Reconcilliation Day (Holiday)	Corn Chowder, Bannock, Spinach Salad, Coleslaw, Cut Fruit	Chicken Enchiladas with Spanish Rice, Tossed Salad Fresh Fruit	Pizza, Caesar Salad, Fruit,, Mixed Salads	
Snacks	Fruit		Fruit	Fruit	Fruit	
6th-10th	6th-10th Peyak Kîsikâw		Nisto Kîsikâw	Newo Kîsikâw	Nîyânan Kîsikâw	
Kîkisepâ mîcowin ph╴ 宀	Cold Cereal, Fruit	Scrambled Eggs & Back Bacon, Hashbrowns, Fruit	Pancakes, Sauasage, Fruit	Baked Goods, Fruit		
Nimâwin σἰΔ- [,]	Baked Mac and Cheeseburger Pasta, Caesar Salad, Greek Salad, Sliced Melon with Mint, Whole Fruits	Bannock Tacos, Mixed Greens, Veggie Salad, Veggie Sticks, Fruit	Broccoli Cheddar Soup, Fresh Bread Spinach Salad, Coleslaw, Cut Fruit	Turkey Dinner, w/ Potatoes, Stuffing, Hot Veg & Gravy, Tossed Salad, Beet Salad, Fruit Salad	PD - Prep day	
Mîcisowinis 广ՐイΔ·σ^	Fruit	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods		
13th-17th	Monday	Tuesday	Wednesday	Thursday	Friday	
Breakfast		Yogurt Parfait, Fruit	Pancakes, Sauasage, Fruit	Bannock and Jam Fresh Fruit	Scrambled Eggs, Back Bacon, Hashbrowns, Fruit	
Lunch	No School Thanksgiving	Baked Spaghetti Bolognese, Caeser Salad, Fruit Salad, Garden Salad, Marinated Cucumber Salad, Fruit	Minestrone Soup, Cheese Bannock, Caesar Salad, Fruit Salad, Pasta Salad	Baked Ham, Vegetables with Potato Wedges, Tossed Salad, Greek Salad, Broccoli Salad, Fruit Salad, Fresh Fruit	Pizza, Caesar Salad, Fruit, Mixed Salads	
Snacks		Fruit	Fruit	Fruit	Fruit	
20th- 24th	Peyak Kîsikâw	Nîso Kîsikâw	Nisto Kîsikâw	Newo Kîsikâw	Nîyânan Kîsikâw	
Kîkisepâ mîcowin ┝ዖ५く 广ハム.᠈	Yogurt, Cereal, Fruit	Pancakes, Sauasage, fruit	Sausage & Cheese Frittata, Fruit	Oatmeal with Berries, Fruit	Bannock and Jam Fresh Fruit	
Nimâwin σἰΔ-	Primavera Marinara (Spring Vegetable) Pasta, Veg Sticks, Gargen Salad, Cucumber Salad, Fruit	Caesar Chicken Wrap, Tossed Salad, Cut Fruit, Pasta Salad, Coleslaw, Fruit	Beef Barley Soup, & Bannock, Pasta Salad, Greek Salad, Fruit, Fruit Salad,	Roast Beef, Potato Wedges, Caesar Salad, Fruit, Mixed Salads	Pizza, Caesar Salad, Fruit, Mixed Salads	
Mîcisowinis 广ՐԻ∆.თ-ი	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	
27th - 31st	Monday	Tuesday	Wednesday	Thursday	Friday	
Breakfast	Yogurt, Cereal, Fruit	Ham & Cheese Fritatta	Pancakes & Sausage	Scones & Fruit	Oatmeal with Berries, Fruit	
Lunch	Beef and Vegetable Stroganoff, Caesar Salad, Fruit Salad, Corn Salad, Fruit	Perogies & Garlic Sausage with Sauteed Cabbage, Hot Vegetable, Mixed Grens, Marinated Cucumber Salad, Fruit	Tomato Basil Soup, Cheese Bread, Spinach Salad, Coleslaw, Cut Fruit	BBQ Pork Loin with Potatoes and Hot Vegetables.	Pizza, Caesar Salad, Fruit, Mixed Salads	
Snacks	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	







SCHOOL HOURS

Arrival: 8:25 - 8:40 AM. **Pickup**: 3:15 PM

Students are late after 8:40 AM

MESC CORE VALUES

At TWEL we follow MESC's core values. We are all leaders in modeling this for the awasisak and those around us.

<u>lyiniw Mamitonehicikan Δλσ° LΓΟσ"ΔΓ6'</u>

Be compassionate; recognize one another's diverse experiences, views and voice.

<u>Nehiyawewin</u> σ"Δ'∇.Δ'

Be careful with your words; listen, learn, ask questions, and take time to reflect.

Nehiyaw Pimatisowin ¬"Δ>° ΛLΠζΔ.

Be actively engaged; open-minded, honour spirit and one another.

Wahkohtowin Mahkohtowin d"⊃△'

Build positive relationships; approach every interaction from a place of love and respect.



Absences

Please call the school to excuse your child when they are sick or going to be away. Automated phone calls go out after 9:30 AM for unexcused absent students.

Lates

Please stop by the office when you are bringing a student into school late so that we can make a note of it. A staff member will be called to bring your child to their class. This is a safety concern should we need to evacuate the building and need to know who is present.

Hug & Go

We have a Hug & Go policy which has families drop awasisak off at the front doors. This is for the safety of students, staff, and visitors alike, and it is easier for the awasisak to transition. We have staff who are available to support students with these transitions.

Messages/Busing & Pickup Changes

Please call the office before 3:00 PM with any changes to end-of-day bussing.

Dismissal

School is dismissed at 3:15 PM. If you arrive between 3:00 - 3:15 to pick up your awasis you will be asked to wait. This is a very busy time and teachers are focusing on getting students ready for buses and end of day.

Sign In

For safety reasons, all visitors must sign in at the office before entering the school.





Busing

For transportation-related concerns, please call the Transportation Department at 780-585-0803

Lunch & Snacks

Lunch & snacks are provided daily. Lunch is served at 11:50 AM.

Recess

All students are required to go outside for recess unless there is a cold weather advisory. We do not have enough staff to supervise inside and outside.

Cree Language Classes

All awasisak participate in Cree language classes daily for 40 minutes.

Nehiyawatisiwin

All students and teachers participate in outside land-based learning on Fridays during. This usually takes place during Cree, but may be at different times depending on the week.

Curriculum

We currently follow the old Alberta Kindergarten Program of Studies.

Parent Advisory Committee

If you are interested in being a part of a Parent Advisory Committee please contact the office. PACs have the opportunity to share ideas on school activities and events.



COUNSELLING

Tansi Families!

My name is Ms. Selby, and I'm the School Counsellor here at TWEL.

I am so excited to be part of your child's learning journey this year!

As a school counsellor, I help support our awasisak's social and emotional needs and overall wellbeing. This can look like:

- Meeting with students one-on-one or in small groups (consent is needed from you for this to happen!)
- Visiting classrooms to share lessons and activities
- · Working with teachers to support kids in the classroom
- Connecting families with resources and extra support when needed

I'm also putting together resources for parents and guardians. If there are topics you'd like to learn more about—like routines, big feelings, mindfulness for kids, parental controls for screens or anything else—please let me know!

You are always welcome to reach out if you'd like to talk about how I can support your child.

Contact Information:

phone: 780-585-3788 ext. 201 **text**: 587-746-0955

email: selbyquinn@maskwacised.ca



CLASSROOM HAPPENINGS

Kaskatino Pisim (Freezing Moon)

Tanisi Kahkiyaw,

The awasisak are settling into routine and are on their way to learning syllabics and common language terms. Please take the time to ask your children about what they have learned in school.

During Nehiyawatisiwin class, we spent time outside learning about our relationship with Mother Earth and harvesting plants. As part of our land-based program, we picked sage and cleaned it. We will continue to harvest food and plants throughout October.

Ay hay! ekosi pitima Miss Mackinaw ekwa Miss Jackie





CLASSROOM REMINDERS

Nehiyawatisiwin happens every Friday. Please ensure your child is dressed appropriately as we will be outside for these days.









K5 ARCIAGA

CLASSROOM HAPPENINGS

- We are practicing our classroom rules and routines so everyone feels safe and ready to learn.
- We've started exploring the alphabet and letter sounds.
- During read-alouds and shared reading, we're learning how to enjoy stories, understand what's happening, and notice how books work.
- In math, we are learning numbers 1-10 and practicing "subitizing" (recognizing small groups of objects without counting).

- We are talking about problemsolving by using our words.
- We have created a classroom treaty where we promised to keep our promises!
- We are also learning about building positive relationships and respecting all living things.
- Last week we celebrated Apple Week! We enjoyed tasty apple treats and fun art activities inspired by apples.









K5 ARCIAGA

CLASSROOM REMINDERS

- Please keep an extra change of clothes in your child's backpack (just in case of spills or accidents).
- Make sure your child is dressed appropriately for the weather each day.
- Label all clothing and belongings (jackets, sweaters, lunch kits, water bottles, etc.) so they don't get lost.
- Check your child's backpack daily for notes, artwork, and important school information.











K5 LETCHER



CLASSROOM HAPPENINGS

Dear Families,

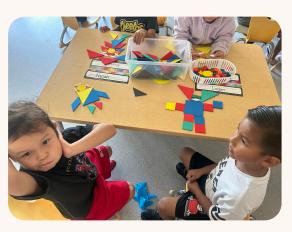
We've had a wonderful start to the school year! September was all about settling into our classroom community and learning our daily routines. The children have been doing a fantastic job adjusting and showing responsibility.

What We've Been Working On:

- Routines practicing how to move through our day together.
- Identifying emotions learning to name our feelings and trying out different tools that help us feel calm (like breathing, movement, and quiet spaces).
- Fine motor skills building strong hands and fingers through play with beads, blocks, and drawing.
- Name practice recognizing, tracing, and writing our own names with confidence.
- Social skills- how to be a good friend and problem solve.







K5 LETCHER



What's Coming Next:

 As we move into October, we will begin focusing on letters and numbers. We'll explore the sounds letters make, practice writing them, and start learning how numbers represent quantities. These foundations will help us with reading and math throughout the year.

Thank you for your support at home—it makes such a difference! Try asking your child to show you the first letter of their name, or to count items during everyday routines (like apples in a bowl or steps you take).

We are looking forward to a month full of learning, discovery, and fall fun!

CLASSROOM REMINDERS

- Please ensure you check the weather in the morning before school so your awasis is coming to school dressed for the appropriate weather. Fall is often windy so sending a jacket is a good idea.
- The bulk of our learning happens in the morning when the students are the most focused. It is so important for your awasis to arrive on time at 8:25 so they can eat breakfast and be ready to learn. If they come after 8:45 they will not have time to eat.
- Awasisak have been learning about healthy foods that fuel their brains and bodies. Please support our teachings by sending limited low energy junk foods. In order to have the energy to get them through they day, we allow one or two sweet treats in the afternoon at 2:00. As always, I appreciate your cooperation!





Blending academic learning with personal and social development.

Our month is structured around themes of belonging and gratitude, with a strong focus on hands-on, sensory learning and community values.

Early Numeracy:

Simple math concepts like sorting, classifying, and repeating patterns are introduced, alongside learning numbers 1–5. It's all about fostering a foundational understanding of numbers and organization.

Kk Ll Mm Nn Oo Pp Qq Rr Ss T+ Uù

Early Literacy:

Letter recognition and writing are key focuses. Students will practice printing their names and working with specific letters like A, C, M, N, and S. I see there's also an emphasis on concepts of print (directionality, spaces between words, etc.).



CLASSROOM HAPPENINGS

Citizenship and Identity / Social Science:

This is about building a community and an understanding of rules and relationships, such as the class treaty and "safe camp" fostering a sense of respect for each other and the environment (Wahkohtowin, which is an Indigenous concept of interconnectedness).

PE / Wellness / Arts:

Activities like a "senses walk", leaf rubbings, and seasonal role-playing immerse kids in the natural world, encouraging exploration of their environment. The drama role-play with harvest themes is likely a fun way for children to connect to the season, while the gross motor walks help with physical development.



CLASSROOM REMINDERS

Please send your child to school with extra clothes appropriate for the season. Cold mornings and hot afternoons so dress children appropriately.

INTERACTIONS



CLASSROOM HAPPENINGS

During the past couple of weeks, we have been focusing on learning classroom routines and understanding expectations for behaviour.

The students have practiced following directions during transitions, daily living skills like washing hands, and working together on group activities.

They are also learning how to take care of classroom materials and respect each other's personal space.



INTERACTIONS



CLASSROOM REMINDERS

Please keep your child home if they are sick, and begin working on daily living skills with them at home, as it helps us here at school. For example, washing their hands and cleaning up after themselves, ayhay!





K4 BULL

CLASSROOM HAPPENINGS

Tansi Parents and Guardians. In the K4 Bull room, we have been getting used to our daily routine.

We have been learning new Cree words daily, such as "kâsîcihcê" "wash your hands", " kanâcihcikê" "clean up now", "api" "sit down" , "miciso" "eat", and more.

This month, the awasisak will be exploring more in our sensory bins. They will get to explore with water play, kinetic sand, Play-Doh, and slime. The awasisak will also get to use our costumes in the dramatic play area.

Every day we learn something new, and the children are so excited when this happens. We have been discussing healthy/unhealthy food and talking about what too much sugar can do to our bodies.

We are also working on independence skills and how these skills are important to build at this age. This looks like putting on their own shoes, jackets, and backpacks.

We are also working on our social skills. This looks like taking turns, sharing, and being compassionate to our friends.



























K4 BULL



CLASSROOM REMINDERS

Please label and send your child with extra clothes daily.

We have a field trip coming up this month! Watch for permission forms coming home!









K4 WOLFE



CLASSROOM HAPPENINGS

Tansi Kahkiyaw!

Whew, September flew by so fast! It's hard to believe we're entering into a new moon! We have been working hard at getting into routines, learning how to regulate our emotions and how to be a good friend to our peers. We have also talked a lot about Truth and Reconciliation, Orange shirt day and Every child matters and created our own classroom treaty.

For Literacy, we have begun to learn what a story book is, how to do picture walks and look for messages in pictures. We will be implementing our Home-Reading program this month. Please keep an eye out for any incoming books and enjoy story time with your awasisak! In Numeracy, we have been working on numbers 1-5 and started our Sorting Unit using colored objects, playdoh and lots of sorting tools to improve our fine motor skills.



K4 WOLFE



CLASSROOM REMINDERS

Every Friday is Nehiyewpimatsiwin, which means we go outdoors in the morning for Cree. Please be mindful of the weather those days and send your awasisak with appropriate clothing. As the weather changes, it is important awasisak dress appropriately to maintain their health and well-being.











K4 REMI

CLASSROOM HAPPENINGS

Tansi Families!

♦ Welcome to October! ♦

Wow — September flew by! It has been a joy getting to know your amazing children. They bring such energy and excitement into the classroom each day, and we're looking forward to a fun and busy month ahead.

E What We're Learning

This October, we will begin exploring:

- Letters and letter sounds
- Early counting skills
- Storytime routines and classroom songs

These foundational skills are taught through play, music, movement, and hands-on activities — and the students are already showing great enthusiasm!









K4 REMI

CLASSROOM HAPPENINGS

17 Important Dates - October

Here's a look at what's coming up:

- October 10 PD Day (No School)
- October 13 Thanksgiving (No School)
- October 14 Picture Day
- October 15 K4 Field Trip to the Corn Maze
- October 27 Bus Safety Presentation
- October 28 Orange & Black Day
- October 29 Halloween Family Fun Night &
- October 30 Witch/Wizard Day № ♀ №
- October 31 Halloween Celebration (costumes welcome!)

A Note of Thanks

Thank you for your ongoing support at home. Whether it's helping your child get ready for school, reading together, or simply asking about their day — it makes a big difference.

If you have any questions or need anything, please don't hesitate to reach out.