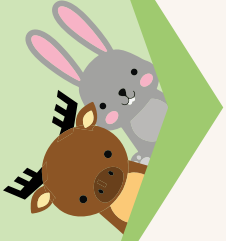




Theresa C. Wildcat Early Learning Centre



# March Newsletter



Tansi,

Amazingly, it's already March! I always look forward to this time of year as days get noticeably longer, temperatures are trending warmer (some days!) and with all the other signs of Spring will soon to be following.

We know that school attendance is an important factor for students to achieve their greatest success, so please ensure your awasisak in getting to school. We endeavor to have all student attendance entered before 9:30 a.m. After this time our Messenger system will start calling any student that has been marked absent, with no parent call. If your child is going to be away please call the school at 780-585-3788.

Students who arrive late, can come to the office door and we will sign them in and send them off to their classroom.

In the past month, kindness was extra evident throughout our school. We strive to ensure that everyone feels welcomed in our school and that everyone recognizes they have an important part within our school community. I cannot stress enough the importance of modelling kindness and wahkohtowin. Our awasisak are always watching so it is important to always be a positive role model and to be aware of our "Kindness Policy" when dealing with our school staff.

This past month we also celebrated 100 Days of School and Pink Shirt Day. It was so amazing to see the level of participation from everyone! A BIG shout out to our Spirit Committee for planning these fantastic events!

We eagerly anticipate welcoming all families for our Miyoskamiw Ohnikimawak Engagement Night. It is always a valuable opportunity to connect with teachers and gain insight into the wonderful activities and achievements of the awasisak.

Finally, as the month comes to a close, we look forward to Spring Break, with no school scheduled from March 24 to March 28. It is my hope that you all enjoy a rejuvenating break filled with relaxation and quality time with your loved ones.

Ay Hay,  
Charlene Ketchemonia  
Principal



## Contact us

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## Table of Contents

- Important Notices.....Pg.2
- March Calendar.....Pg.3
- School Lunch Menu.....Pg.4
- Counselling Support.....Pg.5
- Classroom Updates .....Pgs 6 - 13
- PINK Skirt Day!..... Pg. 14 - 15
- February Perfect Attenders.....Pg. 16



# Important Notices

## End of Day/Pickup Changes

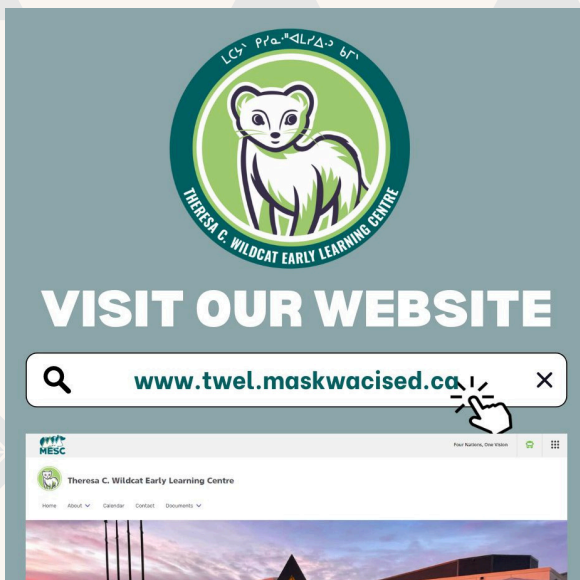
To ensure the safety of our awasisak, **all changes to pickups** (ie, to be put on the bus, or held off the bus, or different people picking up) must be made **NO LATER THAN 3:00 PM**. After 3:00 PM our admin assistant is unable to take these calls as she is assisting with end of day. Thank you so much for your cooperation.

## Kindness Policy

One of the things we focus on teaching our awasisak is kindness and the importance of treating all people with respect. We expect this from them, and we expect this from each other. This extends to our families - we treat each other with kindness and respect in the spirit of wâhkôhtowin. Please make sure you are modeling this for the awasisak when dealing with our staff.

## Our Website

Our website is a great resource for information about anything at TWEL.



## Support is Available

We know that crises can happen at any time. Support is always available.

The following are available 24/7  
**Mental Health & Suicide Prevention Line:** Call or text 9-8-8

**Hope for Wellness:** Call 1-855-242-3310

**Maskwacis Mobile Mental Health:** Call or text 780-362-2150







# School Lunch Menu

## ᓄᓄ ᐱᓯᓐ Niski Pîsim Goose Moon (March)

3rd- 7th	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Kíkisepâ mîcowin</b> ᐱᓯᓯᓐᐱᓯᓐᐱᓯᓐ	Yogurt, Cereal, Fruit	Eggs, Back Bacon, Hashbrowns, Fruit	Assorted Muffins, Yogurt, Fruit	Oatmeal, Cereal, Fruit	Pancakes & Sausage, Fruit
<b>Nimâwin</b> ᓄᐱᓐ	Pasta Bolognese, Caesar Salad, Fruit Salad, Cucumber Salad, Fruit	Deli Sandwiches, Pasta Salad, Potato Salad, Garden Salad, Fruit	Chicken Noodle Soup, Cheese Bread, Mixed Salads, Fruit Salad	Roasted Pork Loin, Potatoes & Gravy, Hot Veg, Tossed Salad, Fruit Salad	Pizza Day! Caesar Salad, Fruit Salad
<b>Mîcisowinis</b> ᐱᓯᓯᓐᐱᓯᓐ	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods
10th- 14th	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Yogurt, Cereal, Fruit	Pancakes, Sausage, Fruit	Assorted Muffins, Yogurt, Fruit	Eggs, Back Bacon, Hashbrowns, Fruit	
<b>Lunch</b>	Mac and Cheese, Caesar Salad, Spinach Salad, Fruit Salad, Fruit	Pork Stir Fry over Rice Noodles, Tossed Salad, Veggie Sticks, Fruit Salad, Fruit	Hamburger Tomato Soup, Bannock, Tossed Salad, Mixed Salads, Fruit Salad	Pizza Day! Caesar Salad, Fruit Salad	<b>PD DAY</b>
<b>Snacks</b>	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	
17th -21st	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Kíkisepâ mîcowin</b> ᐱᓯᓯᓐᐱᓯᓐᐱᓯᓐ	Yogurt, Cereal, Fruit	Eggs, Back Bacon, Hashbrowns, Fruit	Yogurt, Cereal, Fruit	Oatmeal with berries and Fruit	Yogurt Parfait, Fruit
<b>Nimâwin</b> ᓄᐱᓐ	Pasta with Buffalo Chicken & Cauliflower Tossed Salad, Fruit Salad, Fruit	Swedish Meatballs with Rice Pilaf , Tossed Salad, Fruit Salad, Fruit	Beef Barley Soup, Bannock, Tossed Salad, Mixed Salads, Fruit Salad	Perogies & Garlic Sausage, with Sauteed Cabbage, Hot Veg, Tossed Salad, Veggie Sticks, Fruit Salad, Fruit	Pizza Day! Caesar Salad, Fruit Salad
<b>Mîcisowinis</b> ᐱᓯᓯᓐᐱᓯᓐ	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods
24th- 28th	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	<b>SPRING BREAK</b>	<b>SPRING BREAK</b>	<b>SPRING BREAK</b>	<b>SPRING BREAK</b>	
<b>Lunch</b>					<b>Deliveries/prep 1/2 Day for Kitchens</b>
<b>Snacks</b>					
31st- April 4th	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Kíkisepâ mîcowin</b> ᐱᓯᓯᓐᐱᓯᓐᐱᓯᓐ	Oatmeal, Cereal, Fruit	Assorted Baked Goods, Fruit	Hard Boiled Eggs, Back Bacon, Hashbrowns, Fruit	Yogurt Parfait, Fruit	Bannock and Jam, Fruit
<b>Nimâwin</b> ᓄᐱᓐ	Pasta w/ Roasted Tomatoes, Spinach, Fresh Basil, Marinara and Parmesean, Caesar Salad, Fruit Salad	Bannock Tacos, Tossed Salad, Fruit Salad, Fruit	Tomato Basil Soup, Cheese Bread, Caesar, Mixed Salads, Fruit Salad	Roast Beef au jus with Potatoes and Hot Veg, Tossed Salad, Pasta Salad, Fruit Salad Fruit	Pizza Day! Caesar Salad, Fruit Salad
<b>Mîcisowinis</b> ᐱᓯᓯᓐᐱᓯᓐ	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods







## Classroom Happenings:

Niski Pisim

Goose Moon

Tanisi kakiyaw,

Miyoskamin (coming alive time) is just around the corner, which means new growth for Kikawiynaw Askiy and warmer weather. We will discuss the moon's name and listen to stories of Niska. We will also spend time outside observing the changes in our surroundings, such as the growth of maskosiya (grass) ekwa nipiya (leaves). We will wait for Niska to return and learn about their arrival and what changes will happen when they do. For a portion of our Nehiyawatisiwin students will we tasting traditional foods.

ay hay, ekosi pitama

Miss Mackinaw

ekwa

Miss Jackie



# K4 MS.BULL

Ext.208

## Classroom Happenings:

Tansi Parents & Guardians,

I can't believe it is already March! This past month the children have been practicing a lot of mindfulness in the classroom and at recess time. We have been talking about ways we can build friendships and how we can be kind to our friends. We have also started talking about miyoskamin (spring) and how the season will start to change. Now that the weather is starting to get warmer we will be taking more outdoor walks to observe these changes and have the children make observations. The children have shown big improvements with taking turns and problem solving. These social and emotional skills are important for their development and will help them transition well to kindergarten. We are still working on our independence skills and this looks like putting their own shoes, jacket, sweater and boots on.

## Quick Reminders:

- With warmer weather approaching please continue to send your awasis with labelled extra pair of clothes daily.
- Please check your child's backpack regularly for any updates or artwork.





# K4 MS. WOLFE

Ext.206

## Classroom Happenings:

This past month has been so exciting! we have learned about what it means to be kind, how to be a good friend and what it means to spread love and be a good helper. We look forward to this next upcoming month of March! Our tipi teaching this month is Honesty; how can we hold ourselves accountable? What can we do if we make a mistake? These are just some questions to ask your awasis(ak) to get them thinking critically.

for **Literacy**, we are well into our haggarty, going into weeks 20-24 and have worked hard on our sounds and rhyming.

For **Numeracy**, our focus will continue on numbers 0-5 as well as introducing 2D and 3D shapes. :)

## Quick Reminders:

As the weather changes and the snow is melting, it is recommended to start sending your awasis(ak) with the proper footwear and outdoor attire. We have outdoor Nehiyewewin (Cree) Class every Friday as well.

**Please DO NOT send any of the following items as we have students with mild to severe allergies in our classroom:**

- Nuts including any and all peanuts, hazelnuts, pistachios etc...
- Coconuts
- Shellfish







# K4 MS.REMI

Ext.207

## Classroom Happenings:

Tansi, parents!

It'Classroom Updates: What We're Learning This Month

### Literacy:

In literacy, we're continuing to focus on learning both uppercase and lowercase letters. We're also working on letter sounds and practicing sounding out words. We've been diving into print knowledge and building foundational reading skills.

### Numeracy:

In numeracy, we're counting in both English and Cree. We're also exploring shapes, colours, and sorting objects by different attributes. We're excited to start learning about subitizing (the ability to recognize small quantities without counting them). These concepts will help strengthen their understanding of numbers and their relationships.

### Social-Emotional Learning:

In addition, we're continuing our focus on expressing feelings in various situations and using our words to communicate emotions. This is an important skill for building healthy relationships and navigating social interactions.

### Wishing You All a Wonderful March!

We are excited for what's ahead this month and look forward to the continued progress and growth in all areas. Wishing you all a wonderful March!

## Quick Reminders:

The weather is ever changing, please make sure your little one is dressed for the weather. With the warmer temperatures, snow is melting and making our play area icy or wet. Rubber boots or winter boots are essential, we don't want the little ones to get their feet cold or wet. Snow pants or mud pants are ideal too as the little ones enjoy rolling around in the snow or on the ground during recess. We try to get outside as much as possible for fresh air. Ay Hay!



**ALLERGIES: Dairy**



# INTERACTIONS MS. STRONGMAN

Ext.212

## Classroom Happenings:

We have been staying inside a lot because of the colder weather, and I can tell the kiddos are so excited for spring to come. They have also been having fun with our fine motor and craft activities.

## Quick Reminders:

Please make sure to send extra clothing for accidents as they tend to happen a lot in our classroom.

**ALLERGIES: Strawberries, Citrus Fruit, Red Dyes**

## Shared fun photos:





# K5 MS.NELSON

Ext.209

## Classroom Happenings:

This February month has flown by quickly!

We have been continuing to go through our everyday routines in K5N.

**In Language Arts**, we are learning our letter names and sounds and trying to use our knowledge to spell three letter words. The awasisak are encouraged to try their best to write a sentence by themselves.

**In addition**, we are reviewing rhyming words and initial letter sounds in a word. In math, we are growing our number sense to 10. The awasisak are continuing to count to 10, and match numbers to 10.

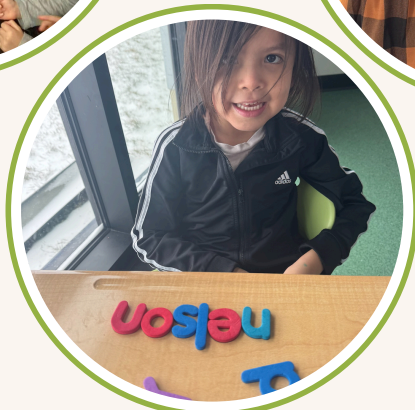
We have talked a lot about kindness and what it means to be kind in the classroom.

## Quick Reminders:

With the weather warming up, that means the snow is melting! When the awasisak go outside, the ground is icy and can be slippery. Please still dress your awasisak appropriately for the weather (snow pants, proper jackets, proper shoes, etc.).

In our classroom, we are continuing to talk about kindness and what it means to be kind. Conversations about this at home are always a bonus in helping our children thrive!

## Shared fun photos:





# K5 MRS. WILDCAT

Ext.210

## Classroom Happenings:

Tansil!

We are loving the warmer weather.

This means we are outside 2 times in the morning.

**In literacy**, we continue to review our letters and sounds. With students becoming confident with the alphabet we are moving into reading, writing, and how to build words. Students are using what they have learned over the past 6 months and it is very exciting to see the growth!

**In numeracy**, we continue to focus on numbers to 7, patterns and how to play games with numbers. Play will always be a part of our day. During play students are learning the difference between outside and inside voices, problem solving skills, speaking up for self, showing kindness to each other, sharing toys and waiting for turns.

I love seeing all the friendships students are building with one another!

## Shared fun photos:





# K5 MRS.LETCHER

Ext.211

## Classroom Happenings:

Finally some warmer weather has arrived!

We are currently assessing students for report cards and I am so pleased to see the growth the awasisak have had since the beginning of the year. With St. Patricks day this month we will be doing art, activities and stories related to that.

Spring break is coming up, we are in the final stretch! Students are usually getting a bit tired at this time of year so please help us out by ensuring they are getting adequate rest and nutrition because it really does make a difference in how they cope with their day.!

**ALLERGIES: Oranges, Cheese, Regular Milk**



# Pink Shirt Day

I am kind





# Pink Shirt Day





# PEREFECT ATTENDERS

Congratulations to our perfect attenders for the month of February!

Parents / Guardians, your commitment and dedication are truly commendable, and we appreciate your consistent presence and participation.

Keep up the great work, and continue to inspire others with your child's exemplary attendance.

Well done!

*Jaelyn Eagle-James*

*KEW*

*Ryder Ryan*

*KEW*

*PERFECT*

