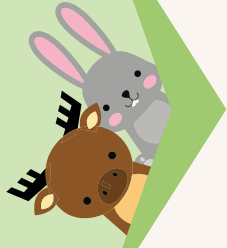




Theresa C. Wildcat Early Learning Centre



January Newsletter



Happy New Year! It's wonderful to see the school buzzing with energy as students and staff return from break. It is always such an exciting time, filled with fresh opportunities and enthusiasm. That's a great reminder that adequate rest is crucial, especially during the transition back into the school routine. To make the adjustment smoother, establish a consistent bedtime routine and prioritize sleep over the next few weeks, as it can significantly impact your child's learning and energy levels throughout the day. We have some exciting things planned for this month so please check the school calendar and do continue to check our Facebook page for any notice reminders.

The support from parents and guardians plays such a crucial role in the success of the awasisak. It is so amazing to see that our school community has such dedicated and involved families. Your involvement makes a world of difference in your child's success. Ay hay to all those parents and guardians for their unwavering commitment and support! If there's any way the school can continue to strengthen this partnership, don't hesitate to reach out. We still have a Parent Advisory Committee meeting coming up so please do join us.

Ekosi.
Charlene Ketchemonia
Principal

Contact us

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Email: summercrate@maskwacised.ca

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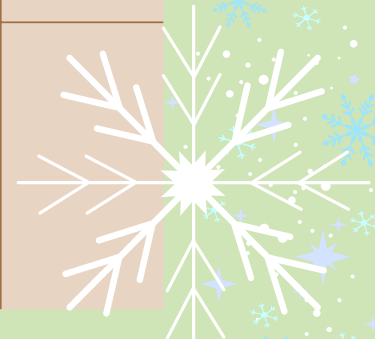
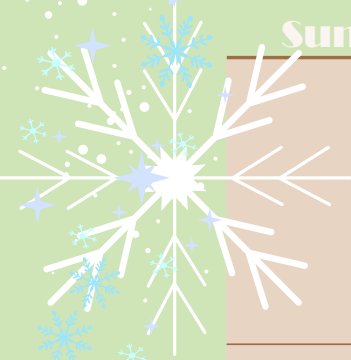
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January Calendar



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 HAPPY 2025 NEW YEAR	2	3	4
5	6 Students Return 	7	8	9	10 Crazy Hair Day 	11 Nehiyawatsowin
12	13	14 Practice Lockdown	15	16	17 PD DAY	18
19	20 Storytelling Week 	21 Social Media & Your Child: A Presentation on how to approach Screens with Little Kids Presented by Joe Media Registration Required 2pm - 3pm	22	23	24 Nehiyawatsowin	25
26	27	28	29 Elders Tea @ the School Ribbon Skirt Day 	30	31 Nehiyawatsowin	





Theresa C. Wildcat Early Learning Centre



School Lunch Menu



**Menu Subject to Change due to product availability	ᑭᑭᑭᑭᑭᑭ Kise P̄sim Cold Moon (January) Menu				
Dec 30th - Jan 3rd	Monday	Tuesday	Wednesday	Thursday	Friday
K̄ik̄isep̄ā m̄ic̄owin ᑭᑭᑭᑭᑭᑭ	 <p style="text-align: center;">Winter Break</p>				
Nim̄āwin ᑭᑭᑭᑭ					
M̄ic̄isowinis ᑭᑭᑭᑭ					
6th - 10th	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Yogurt, Cereal, Fruit	Pancakes, Sausage, Fruit	Scrambled Eggs, Back Bacon, Hashbrowns, Fruit	Assorted Muffins, Yogurt, Fruit	Oatmeal, Cereal, Fruit
Lunch	Pasta Bolognese, Caesar Salad, Spinach Salad, Fruit Salad, Fruit	Perogies w/ Garlic Sausage, Onions, Cabbage, Tossed Salad, Veggie Sticks, Fruit Salad, Fruit	Ham and Split Pea Soup, Cheese Bread, Mixed Salads, Fruit Salad	Deli Wraps, Pasta Salad, Ceaser Salad, Fruit Salad	Pizza Day! Ceaser Salad, Fruit Salad
Snacks	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods
13th - 17th	Monday	Tuesday	Wednesday	Thursday	Friday
K̄ik̄isep̄ā m̄ic̄owin ᑭᑭᑭᑭᑭᑭ	Oatmeal, Cereal, Fruit	Cheese and Sausage Frittata, Fruit	Fruit Scones, Fruit	Yogurt Parfait, Fruit	
Nim̄āwin ᑭᑭᑭᑭ	Pasta Alfredo w/ Ham, Veggie Sticks, Ceaser Salad, Fruit Salad	Sesame Pork Stir Fry over Rice Noodles, Tossed Salad, Fruit Salad, Fruit	Beef Stew, Bannock, Mixed Salads, Fruit Salad	Pizza Day! Ceaser Salad, Fruit Salad	PD Day
M̄ic̄isowinis ᑭᑭᑭᑭ	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	
20th - 24th	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Yogurt, Cereal, Fruit	Breakfast Wrap w/ Eggs, Cheese, Ham, Fruit	Assorted Muffins, Fruit	Oatmeal, Cereal, Fruit	Bannock and Jam, Fruit
Lunch	Buffalo Chicken Pasta, Ceaser Salad, Fruit Salad	Roasted Pork Loin w/ Mashed Potatoes, Gravy and Hot Veg, Tossed Salad, Fruit Salad, Fruit	Chicken Noodle Soup, Bannock, Mixed Salads, Fruit Salad	Pulled Pork Sandwiches with Hot Veg, Tossed Salad, Fruit Salad, Fruit	Pizza Day! Ceaser Salad, Fruit Salad
Snacks	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods
27th - 31st	Monday	Tuesday	Wednesday	Thursday	Friday
K̄ik̄isep̄ā m̄ic̄owin ᑭᑭᑭᑭᑭᑭ	Oatmeal, Cereal, Fruit	Scrambled Eggs, Back Bacon, Hashbrowns, Fruit	Assorted Muffins, Fruit	Yogurt Parfait, Fruit	Bannock and Jam, Fruit
Nim̄āwin ᑭᑭᑭᑭ	Pasta w/ Roasted Tomatoes, Spinach, Fresh Basil, Marinara and Parmesean, Ceaser Salad, Fruit Salad	Bannock Tacos, Tossed Salad, Fruit Salad, Fruit	Tomato Basil Soup, Cheese Bread, Mixed Salads, Fruit Salad	Chicken, Rice, Bean Enchilladas w/ Sauce and Baked w/ Cheese, Hot Mexican Style Corn, Ceaser Salad, Fruit Salad	Pizza Day! Ceaser Salad, Fruit Salad
M̄ic̄isowinis ᑭᑭᑭᑭ	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods



Theresa C. Wildcat Early Learning Centre

CREE CLASS

Ms. Mackinaw

Classroom Happenings:

Kise Pisin

Miyo Ocetowi Kisikaw kakiwaw - Happy New Year Everyone!

This month, the awasisak will learn about Atayokewina (Legends) and Acimowina (Storytelling). They will spend time listening and learning about the lessons behind each legend. The legends will be tied into Cree and Nehiyawatsiwin.

I look forward to teaching the awasisak about our stories from metoni kiyas.

ekosi pitama,
mwestas.

Quick Reminders:

There are a total of three Nehiyawatsiwin classes this month and depending on the temperatures please ensure your children are dressed for the weather.

Shared fun photos:





K4 MS.BULL

Classroom Happenings:

Miyo Ocehtow Kisikaw! Happy New Year! It has been so wonderful seeing all the happy smiley faces coming back to school this week. We are back into our daily routines and the awasisak are so excited to be back. We will be covering more of Pipon (winter) and winter clothing. This month we will also be exploring our 5 senses and the awasisak will get to have hands on experience with STEM projects. The awasisak have shown big improvements in their social skills by using their words while taking turns and asking others to play with them. We are still working on our fine motor skills to build those muscles for cutting with scissors and printing. The children are now learning to recognize and print their names and will be learning how to say their first and last names. It's going to be an exciting month of learning.

Quick Reminders:

- Please continue dressing your awasis for the weather; jacket, snowpants, gloves, toque and boots.
- Please continue sending your child with an extra pair of clothes and have them labelled.
- I will notify parents if their child's shoes are getting too small.





K4 MS. WOLFE

Classroom Happenings:

Tansi ekwa Miyo Ocehtow Kisikaw!

Welcome back to the 2024-2025 School Year and Happy New Year! :)

This month in K4W, our tipi teaching is Wisdom. How can we be wise during the Winter months? By dressing warm and staying safe so we don't get sick and by caring for our health.

In Literacy, we learn our letter sounds and shapes as well as the difference between lowercase letters and capital letters.

for numeracy, we have moved on from Sorting and Pattern-making to Positional and Placement words. Please ensure your awasis(ak) is attending every day to guarantee your awasis(ak)s success. I look forward to seeing everyone throughout the new year! AYHAY

Quick Reminders:

With the changing weather, please make sure your child has the proper outdoor clothing.

We have outdoor Nehiyewewin every Friday, please make sure your awasis(ak) is dressed for the weather for those times..

Please return Blue Communication Books back to school every day to ensure proper communication between parents and teachers.



Allergies: Nuts, Coconuts and Shellfish



K4 MS.REMI

Classroom Happenings:

Winter Learning Adventures

In the coming weeks, our classroom will be exploring the fascinating world of hibernation and the winter season. Students will discover how animals prepare for winter and the changes that happen in nature during this chilly time of year.

In literacy, we will continue working on mastering the alphabet. This includes recognizing both uppercase and lowercase letters, as well as their corresponding letter sounds. Our goal is to build strong foundations for early reading skills!

In numeracy, we are focusing on counting from 1 to 10, as well as recognizing numbers. Alongside this, students will engage in fun activities to learn about shapes and practice sorting, which helps strengthen their understanding of patterns and classifications.

We are excited for all the learning and fun ahead as we embrace the wonders of winter in our classroom!

Quick Reminders:

Please remember to send your little one properly dressed for the weather. Winter coat, snow pants, toque, and mittens. The weather is very unpredictable so we would like to ensure your little one is warm and cozy.

Also, a reminder to send an extra set of clothes in their bag daily just in case he/she may have an accident or get covered in paint.

Little ones can be very picky eaters and sometimes do not like the lunch that is provided. Putting a little bag of crackers and cheese can ensure your little one has something in their tummy.

Ay-hay for making sure your little one is at school. I know it is difficult to get back into routine after the Christmas Break!

ALLERGIES: Dairy



Theresa C. Wildcat Early Learning Centre

INTERACTIONS MS. STRONGMAN

Classroom Happenings:

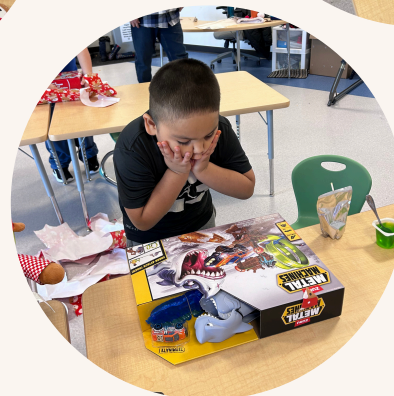
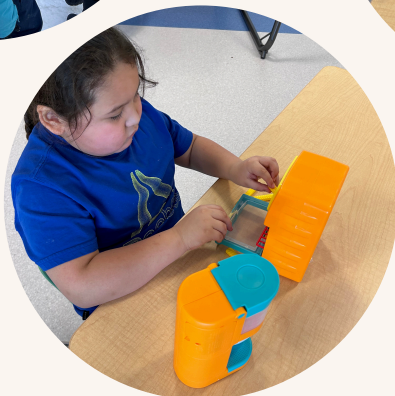
We have been working on winter-themed fine motor crafts. We have also been working on learning how to be more independent each day. Our students have been doing great!

ALLERGIES: Strawberries, Citrus Fruit, Red Dyes

Quick Reminders:

Please send your child with the proper winter gear as we continue to go outside until it is -20 with the windchill, ay-hay!

Shared fun photos:





K5 MS.NELSON

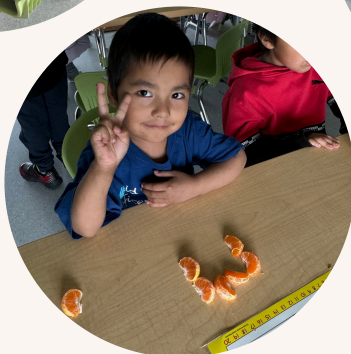
Classroom Happenings:

Happy New Year to all! We are off to a great start in K5N. Right now, we are reviewing the routines and expectations of our classroom. One of the things we are working on the most is how to properly sit on the rug and keep our hands to ourselves. We are reminding each other that we are a family in our classroom, and it is always important to show kindness. We are also really diving into knowing our alphabet (upper case and lower case) and their letter sounds. In addition, we are practicing counting to 20 and really focusing on knowing our numbers to 7.

Quick Reminders:

As we are officially in the season of Winter, please remember that we go outside for recess if it isn't that cold. Awasisak should have the proper clothing everyday for this (snowpants, jacket, mittens, boots and a toque).

Shared fun photos:





K5 MRS. WILDCAT

Classroom Happenings:

Happy New Year! It has been great reconnecting after the Winter break. I hope everyone had time to rest and be with family over the holidays. We will continue to learn our letters and sounds. We are beginning to label pictures by sounding out words slowly! In math, we will work on numbers 5-10 and patterns. Play continues to be an important part of the day and it provides the students with opportunities to build relationships and problem-solve.

Quick Reminders:

Getting back into the school routine provides many benefits to your child! Try your best to have your child here between 8:30 am and 8:45 am. We start our morning routine around 8:50 am. As always if you have any questions just give me a text.

Shared fun photos:





K5 MRS. LETCHER

Classroom Happenings:

I hope everyone had a restful holiday. We are easing our way back into classroom life this month. Reviewing routines and all the content we have learned thus far. At this point in the year students should be able to write and spell their name independently. We are about to launch into a new literacy program that will take a deep dive into letter sounds, mouth formation of those sounds, and blending letter sounds together to read and spell words. I hope is that by the end of the year, most students will know their letter sounds and be able to read very basic words. We are already starting to put words down on paper to label student illustrations. At this point, it is not important for them to be able to spell words using proper spelling rules but to simply put the letters down that they hear. We call this invented spelling and are building confidence in the writing process as it can be quite daunting for little ones. In math we are continuing to practice our number 1-10. The students look forward to the number routine that we do after lunch. We do a number of the day so feel free to ask your child what number they learned that day. Thanks for your continued cooperation. We are having a wonderful year and the student's progress from September to January is very evident. They should be so proud!

Quick Reminders:

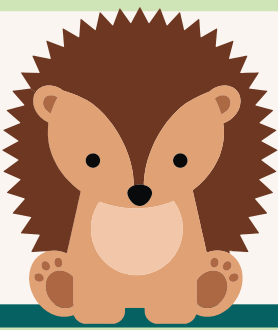
We are still having many children come without the necessary outdoor gear. Please note that your child goes out in cold temps twice a day for as long as 20 mins. They need to protect their hands with waterproof mittens, toques on their heads, snow pants coats that zip up, and winter boots.

We are very fortunate to have an amazing food program in our school, however, please keep in mind that if your child is a picky eater, they may go most of the day without eating. Please consider sending something healthy that you know they like if you know this to be the case. We save our sweets for the last snack of the day at 1:45.

Lastly, I am not often able to check my cell phone during the school day while I teach so if you need to reach us more urgently, please call the office and they will pass the message along or patch you through.



ALLERGIES: Oranges, Cheese, Regular Milk



KÂKWA QUILLS

At TWEL we work really hard to live by MESC's 4 Core Values - we use these values to help guide our all of what we do!

MESC's 4 values are:

ĀṖĕ° ḶḦḦḦ"ΔḦḦ' (Iyiniw Mamitonehicikan)

Be compassionate; recognize one another's diverse experiences, views and voice.

Ḧ"ΔḦḦḦḦ' (Nehiyawewin)

Be careful with your words; listen, learn, ask questions, and take time to reflect.

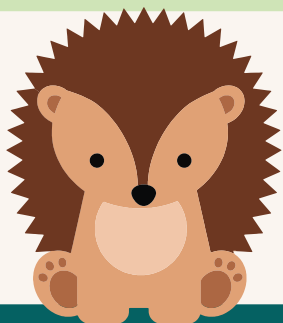
Ḧ"ΔḦ° ^ḶḦḦḦ' (Nehiyaw Pimatisiwin)

Be actively engaged; open minded, honour spirit and one another.

Ḷ"ḦḦḦ' (Wahkohtowin)

Build positive relationships; approach every interaction from a place of love and respect.

We also believe that leading by example is one of the best ways to teach our awasisak, and as part of fostering this, we give out kâkwa quills or kâwiw to awasisak we see living one of the 4 core values. At assemblies, some of the kâkwa quills will be read out and some awasisak recognized with a certificate and small prize!



KÂKWA QUILLS

Kaskatino Pîsim Kâkwa Quill Recipients

We are so proud of you for being leaders in our school



Traedon Buffalo



Mcklinlee Benjamin



Alius Littlechild



Kylene Buffalo



Kenai Ermineskin



Kyzaya Cattleman-Rain



Attendance Celebration!

Wahwâ to our most recent perfect attenders!

Ay-hay to the caregivers who are making sure our awasisak come to school every day!!!



K5W



K5N



K4W



K5L



K4R



K4B

