

## MAY NEWSLETTER

April's showers didn't quite bring the May flowers as expected, but time still flew by! Throughout April, our teachers delved into professional development sessions focused on crafting captivating language and literacy activities. Additionally, we took a moment to honor our exceptional administrative assistant, the backbone of our school community.

Now, as we embrace the warmer days of May, some classes have already set their sights on exciting field trips. Please ensure your awisisak has submitted their permission slips. Should you have any queries, don't hesitate to reach out to your awasisak's teacher.

A heads up: mark your calendars for May 16th and 17th, as our teachers will be attending the MESC Nehiyawatsiwin Conference, meaning no school on those days.

Looking ahead, we're thrilled to announce our upcoming **family art walk** scheduled for **May 15th from 4-6 pm**. Each class has been hard at work creating diverse art pieces to showcase. Stay tuned for updates on Facebook, and our website, and keep an eye out for notes in your child's backpack.

As we embark on this new month, let's welcome May with open arms and hopeful hearts.

May it bring warmth, growth, and endless opportunities for learning and connection. To our awasisak, families, and community members, here's to a month filled with joy, discovery, and cherished moments. Wishing you all a fantastic May ahead!

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### Contact us:

**Phone Number:** 780-585-3788

**Principal:** Marlene Edgi

**Email:** [marleneedgi@maskwacised.ca](mailto:marleneedgi@maskwacised.ca)

**Administrative Assistant:** Summer Crate

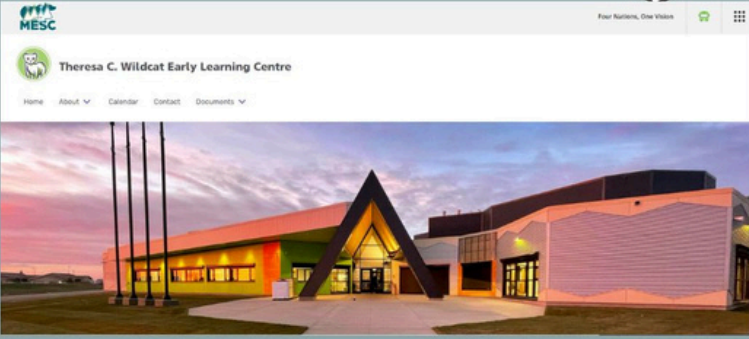
**Email:** [summercrate@maskwacised.ca](mailto:summercrate@maskwacised.ca)





**JOIN US FOR RIBBON SKIRT/SHIRT DAY**  
**MAY 15, 2024**

**VISIT OUR WEBSITE**



**SKIRT**



**SHIRT**



# ADMINISTRATIVE NOTES

**PICTURE DAY IS**

**Thursday, May 09, 2024**

**K5 GRADUATION PHOTOS**

After Picture Day, order on

**mylifetouch.ca**

**MASKWACĪS EDUCATION SCHOOLS COMMISSION 2023-2024 SCHOOL YEAR**

AUGUST 2023	SEPTEMBER 2023	OCTOBER 2023	NOVEMBER 2023
MO TUE WE THU FRI	MO TUE WE THU FRI	MO TUE WE THU FRI	MO TUE WE THU FRI
1 2 3 4	1	2 3 4 5 6	1 2 3
7 8 9 10 11	4 5 6 7 8	9 10 11 12 13	6 7 8 9 10
14 15 16 17 18	11 12 13 14 15	16 17 18 19 20	13 14 15 16 17
21 22 23 24 25	18 19 20 21 22	23 24 25 26 27	20 21 22 23 24
28 29 30 31	25 26 27 28 29	30 31	27 28 29 30
DECEMBER 2023	JANUARY 2024	FEBRUARY 2024	MARCH 2024
MO TUE WE THU FRI	MO TUE WE THU FRI	MO TUE WE THU FRI	MO TUE WE THU FRI
1	1 2 3 4 5	1 2	1
4 5 6 7 8	8 9 10 11 12	5 6 7 8 9	4 5 6 7 8
11 12 13 14 15	15 16 17 18 19	12 13 14 15 16	11 12 13 14 15
18 19 20 21 22	22 23 24 25 26	19 20 21 22 23	18 19 20 21 22
25 26 27 28 29	29 30 31	26 27 28 29	25 26 27 28 29
APRIL 2024	MAY 2024	JUNE 2024	LEGEND
MO TUE WE THU FRI	MO TUE WE THU FRI	MO TUE WE THU FRI	PD NO CLASSES
1 2 3 4 5	1 2 3	3 4 5 6 7	SCHOOL HOLIDAYS
8 9 10 11 12	6 7 8 9 10	10 11 12 13 14	ADMIN DAYS
15 16 17 18 19	13 14 15 16 17	17 18 19 20 21	IN LIEU - NO SCHOOL
22 23 24 25 26	20 21 22 23 24	24 25 26 27 28	
29 30	27 28 29 30 31		

**PROFESSIONAL DEVELOPMENT (PD) DAYS**

Sept. 15, 2023	Mar. 1, 2024
Oct. 13, 2023	Mar. 22, 2024
Oct. 27, 2023	Apr. 12, 2024
Nov. 24, 2023	Apr. 26, 2024
Dec. 8, 2023	May 10, 2024
Jan. 19, 2024	Jun. 7, 2024
Feb. 2, 2024	

**DAYS OF SCHOOL OPERATION**

	Instructional Gr. 1-9	Instructional Gr. 10-12	Operational Staff Only
August	0	0	8
September	17	17	18
October	19	19	21
November	19	19	20
December	15	15	16
January	17	17	18
February	18	18	19
March	14	14	16
April	19	19	21
May	19	19	22
June	13	13	17
<b>Total Operational Days</b>			<b>196</b>
<b>Total Instruction Gr. 1-9</b>			<b>170</b>
<b>Total Instruction Gr. 10-12</b>			<b>170</b>

**IMPORTANT DATES**

- AUG. 18 Back to School BBQ
- SEPT. 5 First Day of School K5-Grade 12
- SEPT. 11 First Day for Head Start & K4
- NOV. 2 takwāk nakiskatowin onikōmawak/okiskinwahamākekaw Engagement (Gr. 10-12)
- NOV. 22 takwāk nakiskatowin onikōmawak/okiskinwahamākekaw Engagement (Head Start-Gr.9)
- MAR. 21 miyoskam nakiskatowin onikōmawak/ okiskinwahamākekaw (Head Start to Gr.9) Engagement
- APR. 4 miyoskam nakiskatowin onikōmawak/ okiskinwahamākekaw (Gr.10-12) Engagement
- JUN. 20 Last day for K4 - Gr. 9



**MASKWACĪS EDUCATION SCHOOLS COMMISSION**  
 PO Box 58, Maskwacis, Alberta, Canada, T0C 1N0  
 Phone: 780-585-3333 | www.maskwacised.ca



# MOTIVATIONAL MAGIC



Students Enjoyed a Magic Show with  
Steve Harmer on April 22nd!



# PARENT INFORMATION

## When your Awasisak is Away

Please call the school at 780-585-3788. This allows our Admin Assistant to enter the excused absence into PowerSchool. If you don't call in before 9:30 AM, SchoolMessenger will automatically make a call home.

## Indoor Recess Requests

We have had many requests for awasisak to stay inside for recess. Unfortunately, we don't have enough staff to supervise indoor recess. Please send child dressed for the weather. Ay-hay for understanding.

## Sign-In & Sign-Out

We kindly request that parents & visitors sign in and out at the front office. This simple step ensures the safety of our awasisak, staff & visitors in the event of an emergency. Ay-hay for your cooperation.

## End of Day Dismissal

Students are dismissed at 3:15 PM. Please make every effort to pick your child up on time. Teachers use the end of the day to clean their classrooms and prepare their lessons for the next day.

## Hug & Go

We understand that it can be challenging to leave your upset child, yet in most instances, they tend to calm down within ten minutes after your departure. Prolonged stays often extend the duration of their distress. We want you to be reassured that we welcome them with warmth and love, actively assisting them in gaining the skills to handle separation from you.

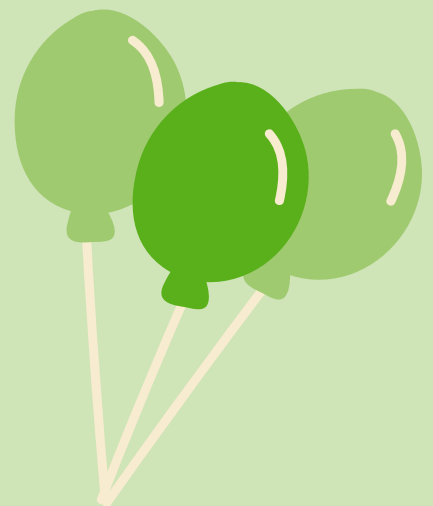
## Device -Free Zone

TWEL is a DEVICE-FREE ZONE. Our little learners have all they need at school for a fun-filled day of exploration and discovery. Leave those electronic distractions at home, and let the joy of hands-on learning take center stage!

# MAY BIRTHDAYS

# HAPPY BIRTHDAY

- Nilynn - K5W
- Laureline - K5P
- Jace - K5P
- Genesis - INT
- Emerald - K4B
- Zakiyah - K4R
- Emry - K4B
- Eli - K4R
- Nîpin - K5P
- Luca - K5P



# COUNSELLING

## SLEEP FOR LITTLES:



### What we need to know

Sleep is actually a major factor in so many parts of child development. Enough sleep actually affects things like how happy we feel, building vocabulary, and learning - both new things and mastering things we are learning. It also helps bodies grow and heal and regulate our emotions. So, getting enough sleep is a big deal for our kids' bodies and brains!

### Did You Know....

- 25% of children 5 and under do not get enough sleep
- Not enough sleep can mimic some effects of ADHD, like hyperactivity and inability to focus, defiance and irritability
- Poor sleep in childhood has been linked to problems with the immune system, anxiety and depression



### Tips on Sleep for Awasisak

- 3 - 5-year-olds need 10 to 13 hours of sleep! It might seem like a lot, but their brains and bodies need sleep to grow!
- Bedtime routine is KEY - Keeping the bedtime routine the same every night helps
- Try to make their bed area a no-screen zone - even though it doesn't feel like it sometimes, screens can actually stimulate your awasisak and make sleeping harder for them
- Give them wind-down time. An example looks like:
  - 7:00 PM - Brush teeth, go to the bathroom, get PJs on
  - 7:15 PM - Wind-down time: Read a book, tell a story, sing a song and have a cuddle
  - 7:30 PM - In bed, say goodnight

There are lots of resources out there to help set up a good bedtime routine and about sleep hygiene. If you would like more information, have questions or would like to talk about this issue, please reach out!



Selby Quinn, School Counsellor  
selbyquinn@maskwacised.ca  
780-585-3788 ext. 201



# EARLY YEARS

## classroom newsletter

### K4 MRS.SCHAPANSKY

#### CLASSROOM HAPPENINGS:

This month we will be gearing up for our very first field trip! **On Thursday, May 30th we will be heading to the Edmonton Valley Zoo!** The students will have a chance to explore the zoo in the morning, and will be participating in a program about animal senses in the afternoon. This May, we'll be diving into the wonders of spring! From exploring nature's vibrant colors to learning about new life blooming around us, our little ones will embark on exciting adventures.

**Spring Nature Walks:** We'll be taking leisurely walks around the school grounds to observe the beauty of springtime. Children will have the chance to collect flowers, leaves, and other treasures from nature to create art projects.

**Gardening Fun:** Our preschoolers will get their hands dirty as they learn about planting seeds and caring for plants. We'll have a mini-garden where they can watch their plants grow throughout the month.

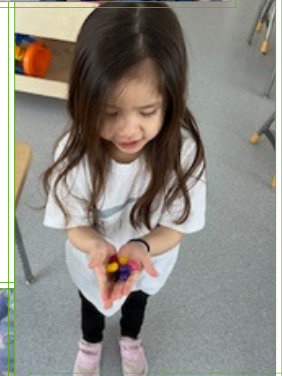
**Mother's Day Surprise:** We have a special surprise planned for all the amazing moms! Our little ones will be busy creating heartfelt gifts and cards to show their love and appreciation.

**Picnic Party:** As the weather warms up, we'll organize a picnic day where children can enjoy snacks and outdoor games. It's a great way for them to socialize and soak in the sunshine.

#### CLASSROOM REMINDERS:

Remember to send your children to school dressed for the weather. We will be going outside quite a bit, rain or shine!

#### SHARED FUN PHOTO'S:



# EARLY YEARS

## classroom newsletter

### K4 MS.BULL

#### CLASSROOM HAPPENINGS:

Tansi Parents & Guardians, I can not believe we are already into May. We have been doing so much in the K4Bull class. We have been learning about **miyoskamin** and what comes with this season change. We have planted **wapikwania** (flowers) and are excited to see the growth. We have been learning about **mancosak** (bugs) and the **piyesisak** (birds) that arrive during spring.

The awasisak have also shown an interest in roller coasters and are using their STEM skills to make these in class. It is awesome to see the children use their materials in class to make their ideas come alive. I have also noticed big growth with the awasisak.

The children have been practicing being mindful, patient, and sharing with their friends. We have been practicing fire drills this time of the year and remind the children to have shoes on all the time. The children have been doing great during these drills. We no longer will have a "quiet time" in the K4Bull class.

This is to help the awasisak transition them for K5 next year.



#### CLASSROOM REMINDERS:

##### May 9th Field Trip to the Edmonton Valley Zoo.

*(Permission forms must be signed and completed for your child to attend.)*

Please dress your child for the weather as we are outdoors daily.

If your child's shoes are small they will need another pair.

Please continue sending extra pairs of clothes for your child daily.

#### SHARED FUN PHOTO'S:





# EARLY YEARS

## classroom newsletter

### K4 MS.REMI

#### CLASSROOM HAPPENINGS:

K4R has been working on printing our names instead of tracing. Students are picking up on how to write their names in proper letter order.

We are continuing to work on the letters in the alphabet and their sounds.

In numeracy we are continuing to work on counting in English and Cree. Students are doing well in expressing their feelings in the classroom and communicating to their peers how they feel. We focus on using our words to express how we feel.

This month we have our field trip to the Edmonton Valley Zoo (Thursday May 9). Please make sure their permission slips are signed and returned to the school promptly. It will be a fun, wild time for the awasisak.

#### CLASSROOM REMINDERS:

Please dress your child for the weather as it is a mix of cold and hot temperatures and correct footwear such as rubber boots on rainy days and running shoes for warm/hot days.



# EARLY YEARS

## classroom newsletter

K5 MRS.LETCHER

### CLASSROOM HAPPENINGS:

I am so proud of our Awasisak! They have come a long way since I started in January in their ability to regulate their emotions and make good choices.

We frequently discuss how it's important to be bucket fillers as opposed to bucket dippers and they work hard at earning classroom rewards for their acts of kindness in K5L.

The students have also made huge gains in their literacy development. Since January we have been doing a deep dive into reviewing our letters in depth. The teachers have all adopted a new program that allows us to constantly be reviewing letters and adding more in as well as combining them to make words. I'm very impressed with their progress!

We practice our writing skills with hands on activities such as whiteboards, magnetic letters, writing in sand or even shaving cream!

We are looking forward to the warmer weather so we can take some of our learning activities outside!

### CLASSROOM REMINDERS:

Please ensure students are dressed for the weather, often half of our class is borrowing appropriate outdoor gear and sometimes we don't have enough.

Also, keep in mind that if students are arriving late after our breakfast ends at 8:50, they will not be eating until lunchtime, so they should arrive with breakfast in their bellies ready to learn.

We do the bulk of our math and literacy learning, before lunchtime. After lunch is when we do more play based activities.

**It's important our students are arriving on time each day so they don't fall behind their peers. Thank you for your cooperation!**

Ah Hay.

# EARLY YEARS

## classroom newsletter

**K5 MRS.PINEO**

### CLASSROOM HAPPENINGS:

In class, or in the gym, "magic" is happening! Students are learning how to write words and sentences.

They are growing and starting to look like Grade 1 kids instead of our Kinder tots! Not much time left. We are on the downhill slide now folks! Bring on the sunshine!

### CLASSROOM REMINDERS:

I can be reached by email:  
[tammypineo@maskwacised.ca](mailto:tammypineo@maskwacised.ca)

### SHARED FUN PHOTO'S:



# EARLY YEARS

## classroom newsletter

### K5 MRS.WILDCAT

#### CLASSROOM HAPPENINGS:

We have been enjoying the warmer weather and spending more time outside!

We are engaging in new literacy games to reinforce what we have been learning.

We continue to talk about our feelings and how to distinguish between big problems and small problems.

In numeracy, we will continue to explore numerals 5-10 and patterns! I look forward to all the learning and playing over the next 2 months:)

#### CLASSROOM REMINDERS:

You can always text me or call the school to reach me!

#### SHARED FUN PHOTO'S:



2024

# MAY



Sun

Mon


Tue

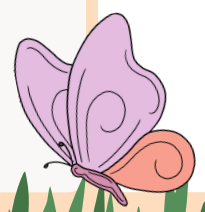
Wed

Thu

Fri

Sat

			1	2	3	
5	6	7	8	 <b>9</b> K5 GRAD PHOTO'S	<b>10</b> PD Day No School	11
<b>12</b> Mother's Day 	13	14	<b>15</b> Ribbon Shirt/Skirt Day Family Art Walk/Art Gallery Experience	<b>16</b> Nehiyawâisiwin Conference No School for Student's	<b>17</b> Nehiyawâisiwin Conference No School for Student's	18
19	<b>20</b> Victoria Day - No School	21	22	23	 <b>24</b> Floral/Hawaiian Shirt Day 	25
26	27	28	29	30	31	



# MAY LUNCH MENU

Menu is subject to change, Due to product availability.	<b>ᐃᓇᐅᓐ ᐃᓯᑦ Pinawew Pisim Egg Laying Month (May)</b>				
<b>April 29th- May 3rd</b>	<b>Peyak Kísikâw</b>	<b>Nîso Kísikâw</b>	<b>Nisto Kísikâw</b>	<b>Newo Kísikâw</b>	<b>Nîyânan Kísikâw</b>
Kíkisepâ mîcowin ᐅᐅᓂᑦ ᐅᐅᐅᓂᑦ	Cold Cereal, Fruit	Muffins, Fruit	Pancakes, Sausage, Fruit	Cereal, Yogurt, Fruit	Fried Bologna & Scrambled Eggs
Nimâwin ᐅᐅᓂᑦ	Baked Ham with Rice Pilaf and Hot Mixed Vegetables, Tossed Salad, Veggie Sticks, Fruit Salad, Fruit	Chicken, Bacon, Lettuce Ranch Wraps with Cheese, Pasta Salad, Cucumber Salad, Fruit Salad, Fruit	Potato Bacon Soup, Cheese Bread, Tossed Salad, Pasta Salad Fruit Salad, Fruit	Baked Chicken Rice and Bean Enchiladas, Mixed Greens, Mexican Corn Salad, Cut Fruit, Whole Fruit	Pizza Day! Ceaser Salad, Colesalw, Fruit Salad, Fruit
Mîcisowinis ᐅᐅᐅᓂᑦ	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods
<b>May 6th - 10th</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	Yogurt, Cereal and Fruit	Pancakes/Sausage, Fruit	Fried Bologna & Scrambled Eggs	Cereal, Porridge, Fruit	
<b>Lunch</b>	Baked Taco Egg Noodle Casserole, Tossed Salad, Fruit Salad, Fruit	Deli Sandwiches, Pasta Salad, Fruit Salad, Fruit	Beef Barley Soup, Bannock, Tossed Salad, Potato Salad, Fruit Salad, Fruit	Pizza Day! Ceaser Salad, Colesalw, Fruit Salad, Fruit	<i>Prep Day - Deep clean</i>
<b>Snacks</b>	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	
<b>May 13th - 17th</b>	<b>Peyak Kísikâw</b>	<b>Nîso Kísikâw</b>	<b>Nisto Kísikâw</b>	<b>Newo Kísikâw</b>	<b>Nîyânan Kísikâw</b>
Kíkisepâ mîcowin ᐅᐅᓂᑦ ᐅᐅᐅᓂᑦ	Cold Cereal, Fruit	Bacon, Eggs, Hashbrowns, Fruit	Yogurt parfait with berries, Fruit		
Nimâwin ᐅᐅᓂᑦ	Pasta Bolognese, Tossed Salad, Veggie Sticks, Fruit Salad, Fruit	Soup and Bannock, Tossed Salad, Quinoa Salad, Fruit	Pizza Day! Ceaser Salad, Colesalw, Fruit Salad, Fruit	<i>Conference</i>	<i>Conference</i>
Mîcisowinis ᐅᐅᐅᓂᑦ	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods		
<b>May 20th - 24th</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>		Cold Cereal, Fruit	Muffins, Fruit	Yogurt parfait with berries, Fruit	Fried Bologna & Scrambled Eggs
<b>Lunch</b>	<i>Prep Day - Deep clean &amp; Receive orders</i>	Beef Stroganoff, Ceaser Salad, Cucumber Salad, Fruit	Tomato Soup, Cheese Bannock, Tossed Salad, Pasta & Greek Salad, Cut Fruit , Fruit	Bison Shepherds Pie, Three Sisters Salad, Cucumber Salad, Fruit	Pizza Day! Ceaser Salad, Colesalw, Fruit Salad, Fruit
<b>Snacks</b>		Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods
<b>May 27th - 31st</b>	<b>Peyak Kísikâw</b>	<b>Nîso Kísikâw</b>	<b>Nisto Kísikâw</b>	<b>Newo Kísikâw</b>	<b>Nîyânan Kísikâw</b>
Kíkisepâ mîcowin ᐅᐅᓂᑦ ᐅᐅᐅᓂᑦ	Cold Cereal, Fruit	Bacon, Eggs, Hashbrowns, Fruit	Muffins, Fruit	Yogurt parfait with berries, Fruit	Fried Bologna & Scrambled Eggs
Nimâwin ᐅᐅᓂᑦ	Pasta Alfredo with Ham, Tossed Salad, Veggie Sticks, Fruit Salad, Fruit	Chicken Ceaser Wraps, Pasta Salad, Cucumber Salad, Fruit Salad, Fruit	Hamburger Tomato Soup, Bannock, Tossed Salad, Pasta Salad Fruit Salad, Fruit	Pork Stir Fry With Rice Noodles, Tossed Salad, Veggie Sticks, Cut Fruit, Whole Fruit	Pizza Day! Ceaser Salad, Colesalw, Fruit Salad, Fruit
Mîcisowinis ᐅᐅᐅᓂᑦ	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods

