

MARCH NEWSLETTER



As March arrives, it seems that the groundhog's prediction of six more weeks of winter was indeed accurate. We've had a couple of weeks of indoor recesses, and both the staff and students are eagerly awaiting the opportunity to venture outdoors. Fortunately, it appears that warmer weather is on the horizon later in the week.

In February, we hosted our first Family Carnival, and a heartfelt thank you to all the families who were able to attend. Our teachers organized game stations for the children to enjoy and win prizes. We served hotdogs, cupcakes, and an abundance of popcorn, and judging by the smiles all around, it was evident that both staff and families had a blast. During our second school assembly, our students demonstrated exemplary respectful listening and were a fantastic audience for the performances by K5L and K4S classes.

March commenced with our teachers engaging in Professional Development activities. They delved into utilizing sensory rooms as a tool for student regulation and explored the significance of fostering oral language skills in our youngest learners. We understand that before our students can embark on their reading and writing journeys, they must first develop strong speaking abilities.

We eagerly anticipate welcoming all families for our Miyoskamiw ohnikikomawakv (parent/guardian) Engagement Night on March 21st from 4-7pm. It's always a valuable opportunity to connect with teachers and gain insight into the wonderful activities and achievements of our students in the classroom.

Finally, as the month draws to a close, we look forward to Spring Break, with no school scheduled from March 25th to April 1st. I hope you all enjoy a rejuvenating break filled with relaxation and quality time with your loved ones.

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PARENT INFORMATION

When your Awasisak is Away

Please call the school at 780-585-3788. This allows our admin assistant to enter the excused absence into Powerschool. If you don't call in before 9:30am, school messenger will automatically make a call home.

Indoor Recess Requests

We have had many requests for awasisak to stay inside for recess. Unfortunately, we don't have enough staff to supervise indoor recess. Ay-hay for understanding.

Sign In & Sign Out

We kindly request that parents & visitors sign in and out at the front office. This simple step ensures the safety of our awasisak, staff & visitors in the event of an emergency. Ay-hay for your cooperation.

End of Day Dismissal


Students are dismissed at 3:15pm. Please make every effort to pick your child up on time. Our teachers use the end of the day to clean their classroom and prepare their lessons for the next day.

Hug & Go

We understand that it can be challenging to leave your upset child, yet in most instances, they tend to calm down within ten minutes after your departure. Prolonged stays often extend the duration of their distress. We want you to be reassured that we welcome them with warmth and love, actively assisting them in gaining the skills to handle separation from you.

Device-Free Zone

TWEL is a device-free zone. Our little learners have all they need at school for a fun-filled day of exploration and discovery. Leave those electronic distractions at home, and let the joy of hands-on learning take center stage!



EARLY YEARS

classroom newsletter

K4 BULL

CLASSROOM UPDATES.

The K4 Bull class has been working on many new things. We have been learning about feelings and how to express them, exploring our creativity with our craft center, and also expanding our knowledge in science with some STEM experiments. The children have grown so much already and continue to use their social skills when playing with others. We have been practicing taking turns, sharing, and learning about patience.

PARENT REMINDER:

Please continue to send your child dressed for the weather. The children will also need an extra set of clothes daily

SHARED FUN PHOTO'S:



EARLY YEARS

classroom newsletter

K4 SCHAPANSKY

CLASSROOM UPDATES:

Dear Parents and Guardians, We hope this newsletter finds you well and that your little ones are enjoying their time in preschool! Here are some updates and highlights from our vibrant learning community: 🎨 ****Creative Corner****: Our budding artists have been busy exploring different colors, shapes, and textures in their artwork. From finger painting masterpieces to glue tables, creativity is blossoming in our classroom! 📖 ****Literacy Adventures****: Storytime continues to be a favorite! We've been diving into a variety of enchanting tales, sparking imaginations and fostering a love for reading. Don't forget to ask your child about their favorite story from this month! 🧮 ****Mathematical Marvels****: Counting, sorting, and pattern recognition are just a few of the mathematical concepts our little learners have been exploring. Through hands-on activities and games, they're developing essential skills while having heaps of fun! 👧👦 ****Friendship and Social Skills****: Building friendships and practicing social skills are integral parts of our preschool experience. Through collaborative play and group activities, our little ones are learning the importance of kindness, cooperation, and empathy. 🗓️ ****Upcoming Events****: Mark your calendars for our upcoming parent-teacher conferences! It's an excellent opportunity for us to discuss your child's progress, growth, and development. More details will be provided soon. As always, thank you for entrusting us with your child's early education journey. We're committed to providing a nurturing and enriching environment where every child can thrive.

PARENT REMINDER:

Just a reminder about our Dental Challenge as well as our Healthy Eating Challenge! Remember to have your child brush their teeth morning and night, and record it on their Dental log.

SHARED FUN PHOTO'S:



EARLY YEARS

classroom newsletter

K4 REMI

CLASSROOM UPDATES:

March 17-St. Patrick's Day (wear green)

March 21- Easter Party

March 20-Report Cards

This month we will be continuing with learning our letters and their sounds. We will be working on name recognition activities. Numeracy we will continue with shapes and number recognition. The little ones are keeping so busy with playing and continue with learning to share and use their words

PARENT REMINDER:

Please remember to dress your little one for the weather. We try to get outside as much as possible to let the little ones get fresh air. I have ran out of my extra stock in mittens. Please send a pair with your child, tie them on a hockey lace and tuck in their winter coat. There is still snow so winter boots and eventually rubber boots would be great, shoes do not keep our feet warm and toasty. Please remember to send healthy snacks with your little ones as he/she may be picky about eating the school lunches, cheese and crackers are great. I just want to make sure they eat something healthy and filling, we save sugary snacks until afternoon time. Ay Hay!



EARLY YEARS

classroom newsletter

K4/K5 INTERACTIONS STRONGMAN

CLASSROOM UPDATES:

We are currently learning our colours and the kids are doing very well! I am so happy with their efforts.

PARENT REMINDER:

Please make sure to pack a snack with your child if you are able, ay-hay!



EARLY YEARS

classroom newsletter

K5 PINEO

CLASSROOM UPDATES:

If your student comes home smelling like another man, it is just our fake snow! :) It is made with shaving cream and baking soda. We are so happy the K5 slide in our pod has been declared open!! Snapping electric shocks and fuzzy hair is so much fun. The kids love it! Letter name and letter sound knowledge has increased for most of the students, so we have begun making words and decoding CVC consonant vowel consonant words. SO COOL!

PARENT REMINDER:

Please do your best to get the students here for 8:25 each morning. Thanks!!

SHARED FUN PHOTO'S



EARLY YEARS

classroom newsletter

K5 LETCHER

CLASSROOM UPDATES.

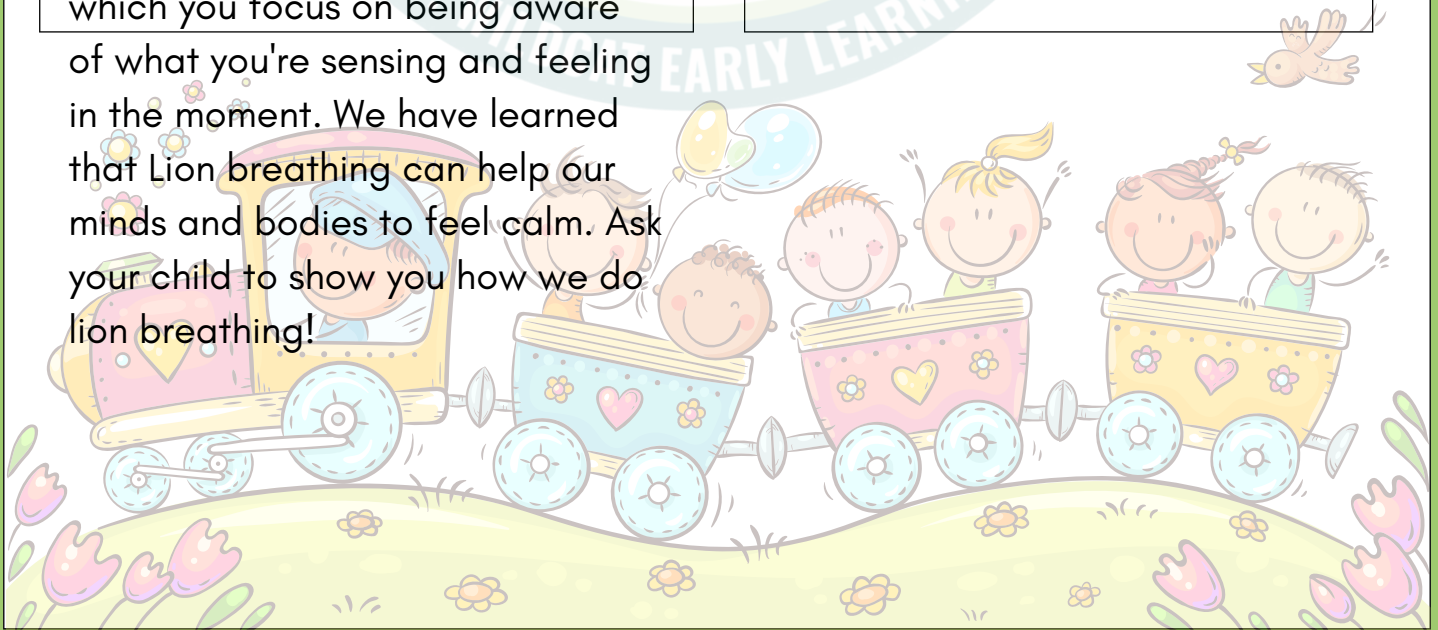
This month K5L has been working hard on literacy skills. We do two programs daily that target phonemic awareness and phonics skills. They have made progress in their ability to identify rhymes and segment into syllables. Once they are able to break words apart, it will be easier for them to begin reading and writing in the future. We will continue to memorize the letter names, their sounds and familiar words that start with each letter. We also spend 15 minutes at the end of everyday on mindfulness. This is a practice in which you focus on being aware

of what you're sensing and feeling in the moment. We have learned that Lion breathing can help our minds and bodies to feel calm. Ask your child to show you how we do lion breathing!

PARENT REMINDER:

Please send your child in snow pants and mittens every day as we only have a few extra pairs

SHARED PHOTO'S:



EARLY YEARS

classroom newsletter

K5 WILDCAT

CLASSROOM UPDATES.

We continue to learn and play! All year we have been working the meaning of awina kiya and everyone is becoming confident in saying Niya nehiyaw awasis. In early literacy and numeracy, we continue to focus on developing a strong understanding of letters and numbers to 10. We are always working on our regulation skills and how to be bucket fillers.


PARENT REMINDER:

If there is snow on the ground please send snow boots, snow pants, mittens and a hat! We are usually outside twice a day. I will begin checking student's shoes to see if they are getting small. Attending consistently and arriving on time are great habits to build in kindergarten!

SHARED PHOTO'S:



MARCH BIRTHDAYS



HAPPY

BIRTHDAY

- **Catiya** - K5P
- **Avaeigha** - K4S
- **Kaijah** - K5W
- **Zayden** - K4S
- **Lazirone** - K5P
- **Kira** - K5L



COUNSELLING

Conflict vs. Bullying: Knowing the Difference?

In February, we marked Pink Shirt Day, which is a campaign that focuses on kindness and anti-bullying strategies. Schools across the globe take part in Pink Shirt Day, which shows that we are more aware than ever before of the impact bullying can have on people.



Bullying is something we take very seriously at our school, and we encourage our students and their families to address concerns around this issue right away. But did you know that there is a difference between bullying and conflict? It is important for the development of our awasisak that we help them understand the differences. Here's a little breakdown!



CONFLICT

VS

BULLYING



Conflict happens suddenly or because of something that happens. It's usually about one event or action.

- Natural part of human interaction.
- Arises from differences in opinions, desires, or misunderstandings.
- Opportunity for learning negotiation, compromise, and empathy.
- Helps children develop essential social skills.

Bullying happens on purpose and keeps happening. It's usually aimed at one person.

- Involves a power imbalance and repetitive negative actions.
- Intended to harm another physically, emotionally, or socially.
- Requires a different approach to ensure safety and well-being.
- Serious issue that needs attention and intervention.

Helping our awasisak understand that conflict is normal and that there are healthy ways to resolve it is an important part of development. But when it comes to bullying, we need to help them understand that this is never OK.

Selby Quinn, School Counsellor
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2024

MARCH

Sun

Mon

Tue

Wed

Thu

Fri

Sat

1
PD Day

2

3

4

5
EA Appreciation Day

6

7

8
Land Based Learning: Traditional Foods
Crazy Hat Day

9

10
Daylight Saving Time begins

11

12

13

14

15
Land Based Learning: Kikawinawaskiy (beginning spring)
Wear Green Day

16

17
Happy St. Patrick's Day
pëyakwan
ispìhcâwa kîsikâw
mîna tipiskâw
(Spring equinox)

18

19
Assembly - Nehiyaw Pimatisowin

20
Report cards go home

21
miyoskamiw ohnikikomawak Engagement - 4-7 pm

22
PD Day

23

24

25

26

27

28

29

30

SPRING BREAK

31

Menu is subject to change, Due to product availability.

MESC Menu - March 2024

Feb 26 - Mar 1st	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cold Cereal, Fruit	Pancakes, Sausage, Fruit	Assorted Muffins, Yogurt, Fruit	Scrambled eggs and Fried Balogna, Fruit	
Lunch	Mexican Lasagna, Caesar Salad, Corn Salad, Fruit	Chicken & Corn Quessadillas, Tossed Salad, Coleslaw, Fruit	Hamburger Soup, Bannock, Spinach Salad, Coleslaw, Cut Fruit	Pizza Day! Ceaser Salad, Fruit Salad	<i>Prep Day - No Students</i>
Snacks	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	
March 4th - 8th	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Yogurt,, Cereal Fruit	Pancakes/Sausage, Fruit	Cereal, Porridge, Fruit	Yogurt,, Cereal Fruit	Bacon & Scrambled Eggs
Lunch	Baked Ham with Hot Mixed Vegetables and Potatoes, Mixed Greens, Coleslaw, Fruit Salad and Fruit .	Perogies with Cabbage, Onions and Garlic Sausage. Mixed Vegetables, Tossed Salad, Cucumber Salad, Fruit Salad, Fruit	Minestrone Soup, Bannock, Tossed Salad, Tomato Basil Salad, Fruit Salad, Fruit	Meatloaf with Mixed Vegetables & Potatoes, Mixed Greens, Pasta Salad, Beet Salad, Fruit Salad, Fruit	Pizza Day! Ceaser Salad, Colesalw, Fruit Salad, Fruit
Snacks	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods
March 11th-15th	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cold Cereal, Fruit	Bacon, Eggs, Hashbrowns, Fruit	Cereal, Porridge, Fruit	Pancakes, Sausage, Fruit	Fried Balogona & Scrambled Eggs
Lunch	Ground Beef Stroganoff, Tossed Salad, Cucumber Salad, Tomato Salad, Fruit Salad, Fruit	Noodle Bowl w/Shredded Lettuce, Marinated Vegetables & Sweet Sesame Pork	Potato Bacon Soup, Cheese Bread, Tossed Salad, Pasta Salad Fruit Salad, Fruit	Roast Beef with Mixed Vegetables, Potatoes & Gravy, Tossed Salad, Cucumber Salad, Fresh cut Fruit, Fruit	Pizza Day! Ceaser Salad, Colesalw, Fruit Salad, Fruit
Snacks	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods
March 18th- 22nd	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cold Cereal, Fruit	Pancakes/Sausage, Fruit	Cold Cereal, Fruit	Scrambled eggs & Bacon, Fresh Cut Fruit	
Lunch	Baked Mac'n Cheese with Bacon and Bread Crumbs, Caesar Salad, Greek Salad, Fresh Cut Melon, Fruit	Foccacia Deli Sandwich, Mixed Greens and Spinach Salad, Pasta Salad, Beet Salad, Fruit Salad, Fruit	Tomato Basil Soup, Cheese Bannock, Tossed Salad, Pasta Salad, Greek Salad, Fresh Cut Fruit , Fruit	Pizza Day! Ceaser Salad, Colesalw, Fruit Salad, Fruit Parent /Teacher Interviews	<i>Prep Day - Deep clean and Kitchens prepared for the break</i>
Snacks	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	
March 25th - 30th	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast					Kâkî Wantipiskipayik
Lunch		Spring	Break		Good Friday
Snacks					