

THERESA C. WILDCAT EARLY LEARNING CENTRE

NOVEMBER NEWSLETTER

Tansi,

I'm thrilled to be writing to you from our new school office, which has become our hub of activity throughout this exciting October. It has been a bustling month as our dedicated teachers worked tirelessly to transition from our temporary classrooms in the old kindergarten to our impressive new school facility. I'm pleased to report that our students have adapted remarkably well to the change, and we are settling into new routines.

The safety of our 138 registered students remains our utmost priority. In line with this, we have introduced a parent/visitor sign-in sheet to enhance safety. It is important that all visitors and parents sign in at the office, allowing us to keep track of who is in the building and when they depart.

Looking ahead to November, we have a busy month ahead of us. On November 9, we'll be capturing precious moments with our school pictures. Additionally, our students will be engaged in land-based learning experiences on November 3 and 17. From November 10 to 13, we will observe the Takwakin Break, providing our students and staff a well-deserved break. Finally, mark your calendars for November 22, as that's when they'll be sending out report cards.

Moreover, our dedicated staff is diligently planning our first Tawakin Ohnikikomawak Engagement Night, and we eagerly await your presence at the new school. Your involvement and support are invaluable as we continue to make our new school a nurturing and thriving environment for all our awasisak.

Ay-hay
Marlene Edgi

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OUR BEAUTIFUL NEW SCHOOL



The Gathering Area



Late Drop-offs

If you are dropping your awasisak off after 8:40 am, please walk them into the school and sign them in. The awasisak can not reach the door bell to let us know they are at the door.

Parent Sign-in

For the Safety of your awasisak please sign in at the office.

End of Day Messages

Please call the school before 3pm for messages regarding changes in end of day bussing/ pick up. After this time our administrative assistant is busy assisting in-person parents and may not be available.
Ay-Hay

End of Day Dismissal

Pick-up time is now 3:15 pm.

All awasisak board the buses at 3:15pm
Parents who pick up student please come
to the Early Learning Center

Ay-Hay

Classroom Happenings

Students participate in fine motor activities because it helps awasisak in many important ways. These activities improve how their hands and eyes work together, which is essential for tasks like writing neatly, drawing, and handling small objects. What's more, these activities boost brain development, making kids better at solving problems and understanding space. Plus, they're enjoyable and can reduce stress while giving kids a sense of achievement. In a nutshell, fine motor activities offer a well-rounded approach to children's growth and learning.

K4 Schapansky Fine Motor Fun



Classroom Happenings

K5 Pineo Fine Motor Fun



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Nehiyawatisiwin

Tanisi Kahkiyaw! During Kaskitino Pisim our awasisak spent their nehiyawtisiwin classes outdoors learning about the changes in Kikawinaw Askiy (Mother Earth) and how she prepares for pipon (winter). Some students were fortunate enough to have witnessed the migration with piyesisak (birds). .

In November, students will practice Fire Safety & Winter Prep!

Here are the Cree Words we'll be learning during November:

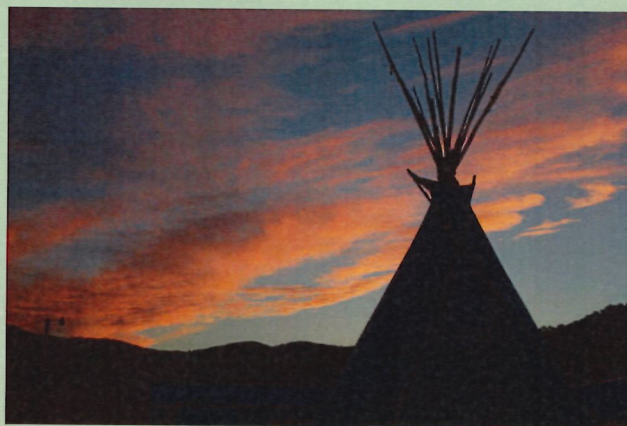
Iyikopiwiwīsim ᑕᑎᑎᑦ ᑕᑎᑎᑦ ᑕᑎᑎᑦ November Fog moon

Kikawinaw Askiy ᑕᑎᑎᑦ ᑕᑎᑎᑦ Mother Earth

Kona ᑕᑎᑎᑦ Snow

Pipon ᑕᑎᑎᑦ Winter

Tahkâyâw ᑕᑎᑎᑦ Cold



School Wide Happenings

The "Take Me Outside for Learning Challenge" is an exciting and innovative school-wide initiative aimed at promoting outdoor education and connecting students with the natural world. This challenge encourages students to step out of the traditional classroom setting and embrace the great outdoors as a dynamic and immersive learning environment. There are a few objectives that we wish to cover with this challenge. 1. Foster Environmental

Awareness: The primary goal of the challenge is to increase students' understanding and appreciation of the environment. It aims to inspire a sense of responsibility for nature and motivate them to become

environmentally conscious citizens. 2. Enhance Learning: By taking education outdoors, the challenge aims to stimulate creativity, critical thinking, and problem-solving skills among students. It provides a unique opportunity to explore and apply classroom knowledge in a real-world context. 3. Promote

Physical Well-being: Encouraging outdoor activities contributes to students' physical health and well-being. The challenge provides a platform to integrate exercise and movement into the learning process, improving overall health. 4. Strengthen Interpersonal Skills: Collaboration and

teamwork are integral aspects of the challenge. Students have the chance to work together, communicate effectively, and build stronger interpersonal skills. Each class has been challenged to reach a minimum of 100 hours of

outside instruction, on top of scheduled recess time. As a school, we are working towards a total of 650 hours. Be sure to watch for updates on our progress!

Counselling News

This school year has been somewhat unsettled, to say the least. We started late, we started with only 2 or 3 days a week depending on grade, and we didn't even start in our new school! We then had a break in learning for a week and came back to start full-time in a brand new school! As exciting as being in the new school is, it brings with it new routines, new expectations, and new spaces!

I can tell you that our staff has been feeling this stress - and as adults with fully-formed brains, even we struggled with all of this upheaval. Now imagine how this must be for 4 and 5-year-olds whose brains are still developing!

And when little brains are processing so much change and uncertainty, often we see more 'behaviours'. What this means is that our awasisak's brains can't identify or even control

If the ability to control emotions and behaviors isn't fully developed until early adulthood, why are we requiring preschoolers to do this and then punishing them when they can't?

BEYOND BEHAVIORS BOOK • P MONADELAHOOKE

the emotions they are feeling, and we see this come out in ways that we think are negative. Things like tantrums, refusal to go to school or aggression. As a caregiver, this is one of the hardest things to navigate. There is not one right way to deal with this behaviour, but one really important thing to remember is that this is their brains trying to make sense of all the big emotions they are feeling. The graphic below has some good tips on how you can help ease these big feelings.

Teachers, EAs, and all the staff at TWELC are here to support our littlest learners. And remember that I am here to help those who might need a little extra support learning how to manage big emotions. If you have any questions, would like more resources to support this in the home, or would like to chat about counselling for your child, please connect. I am happy to help, and I know that when we work together, great things happen!

Ay-Hay

Selby Quinn



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ĪKOPĪW PĪSĪM • FOG MOON • NOVEMBER 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
			5 th	6	7	8
				 Picture Day	NO SCHOOL In lieu of Remembrance Day	 Remembrance Day
	9	10	11	12	13	14
	Takwākin Break				Nehiyawātsiwīn for all classes	
	15	16	17	18	19	20
				Takwākin Report cards go home		
				Takwākin ohnikikomawak Engagement- 4-7pm	PD Day	
	21	22	23	24	25	26
	27	28	29	30		
Daylight Saving Time ends Turn your clocks back						

**Menu Subject to Change due to product availability



Menu For Iyikopiw Pîsim (Frost Moon) NOVEMBER-2023

Oct 30 - Nov 3rd	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Yogurt, Cereal, Fruit	Pancakes, Sausage, fruit	Yogurt Parfait, Fruit	Sausage & Cheese Frittata, Fruit	Scrambled Eggs and Back Bacon, Fruit
Lunch	Ground Beef Stroganoff, Tossed Salad, Tomato Salad, Fruit Salad	Pizza Perogies, - Marinara, Pepperoni, Tomatoes & Mozza, Tossed Salad, Fruit Salad, Spinich Salad	Chicken Soup, & Bannock, Pasta Salad, Greek Salad Fruit, & Fruit Salad,	Sheppard's Pie, Tossed Salad, Beet Salad, Fruit Salad, Rice Salad	Pizza, Caesar Salad, Fruit, Mixed Salads
Snacks	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods
6th - 10th	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cold Cereal, Fruit	Scrambled Eggs & Back Bacon, Cut Fruit	Cold Cereal, Fruit	Pancakes, Back Bacon, Fruit	
Lunch	Mac'n Cheeseburger with Fresh Tomatoes, Caesar Salad, Veggie Salad, Fruit	Chicken Caesar Salad, Veggie Salad, Fruit Salad, Fruit	Tomato Soup, Cheese Bannock, Spinach Salad, Coleslaw, Cut Fruit	Pizza, Caesar Salad, Fruit,, Mixed Salads	No School in Lieu of Remembrance Day
Snacks	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	
13th - 17th	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast		Cereal, Yogurt & Fruit	Scrambled Eggs, Breakfast Fried Rice	Cereal, Yogurt & Fruit	Pancakes, Sausage, fruit
Lunch	Takwâkin Break	Pasta Bolognese - Caesar, Fruit Salad, Spinach Sald Fresh Fruit	Corn Chowder, Cheese Bread, Tossed w/Spinach Salad, Coleslaw, Cut Fruit	Bison Meatloaf w/ Barley & Vegetables served with Gravy, Mashed Potatoes, Tossed Salad, Greek Salad, Broccoli Salad, Fruit Salad, Fresh Fruit	Pizza, Caesar Salad, Fruit, Mixed Salads
Snacks		Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods
20th - 24th	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Yogurt, Cereal, Fruit	Pancakes, Sausage, fruit	Yogurt Parfait, Fruit	Sausage & Cheese Frittata, Fruit	
Lunch	Baked Creamy Pasta Prima Vera, Caesar Salad, Tomato Salad, Fruit Salad	Rice Noodle Bowl, Stirfried Beef, Lettuce, Cuc, Red Onion, Carrot & Broccoli topped by Sesame Vinaigrette, Tossed Salad, Fruit Slad, Rice Salad	Southwestern Style Chili, Bannock, Caesar Salad, Fruit Salad, Pasta Salad	Pizza, Caesar Salad, Fruit, Mixed Salads	PD - PREP 8-11:00am Staff Engagement MGTC @1130:am
Snacks	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	Fruit or baked goods	